

EXERCISE CLASSES AUTUMN SEASON 2026

Vestereng Idrætszone, Paludan-Müllers Vej 110

This schedule applies from week 33 to week 50. Sign up for our newsletter at motion.au.dk/

SPINNING classes: Days/times and registration information available in the Facebook group: [Spinning AU, Vestereng Idrætszone, Paludan Müllers Vej 110, 8200 Aarhus N](#)

Monday	Class	OBS!
16.00 – 17.00	Spinning	Registration: Facebook: Spinning AU, Vestereng Idrætszone, Paludan Müllers Vej 110, 8200 Aarhus N
Wednesday	Class	OBS!
16.00 – 17.00	Spinning	Registration: Facebook: Spinning AU, Vestereng Idrætszone, Paludan Müllers Vej 110, 8200 Aarhus N